

Holistic Traditional Spay

A traditional spay (ovariohysterectomy) involves removing the ovaries, Fallopian tubes, and uterus. Pet parents often ask when is the best time to perform this procedure. There are two schools of thought when answering this question. First, a traditional spay completed before the pet's first heat (which usually occurs between 5-6 months of age) will usually prevent breast cancer later in life. Pets that are spayed after their first heat have an increased risk of breast cancer. Second, pets that are spayed later in life may have a reduced risk of bone cancer, ligament injuries, and certain hormonal diseases, depending upon the breed.

There is no "right answer" when selecting the sterilization process for your pet. While many pet parents opt for a traditional spay, there's an increasing number of pet parents who prefer an ovary sparing spay. We are happy to discuss your options with you and assist in selecting a spay that best suits your needs as well as your pet's needs during your next consultation.

It's important to note that as with all surgical procedures, a pre-surgical evaluation (physical examination & lab test) must be completed prior to providing an accurate treatment plan for the procedure. Every pet is unique as are their medical needs for surgery; therefore, an accurate treatment plan/estimate cannot be provided until we have properly evaluated your pet.